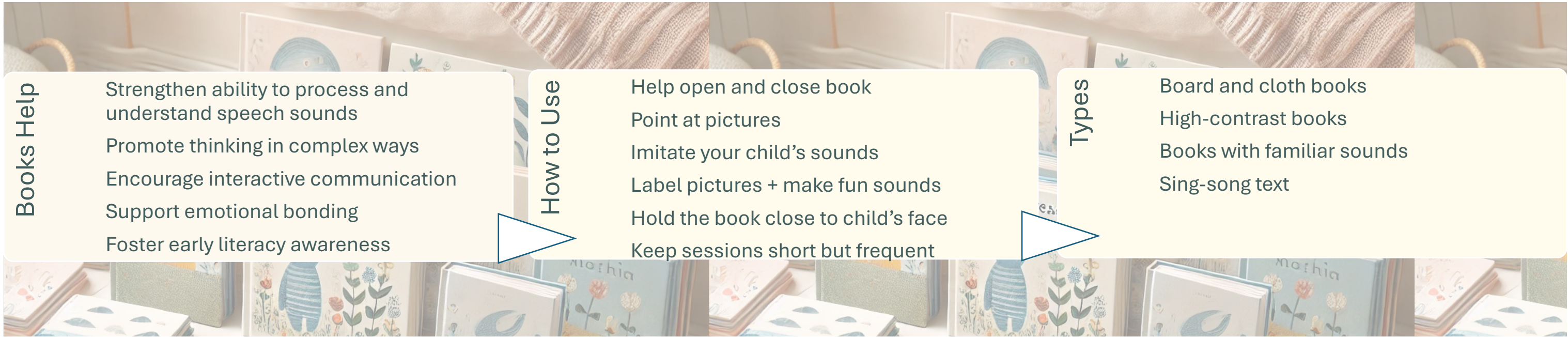
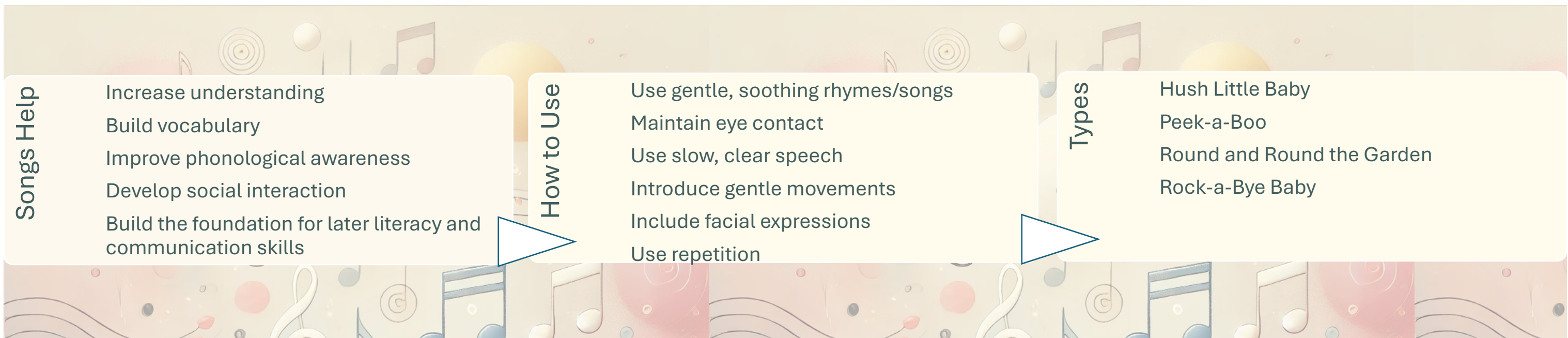


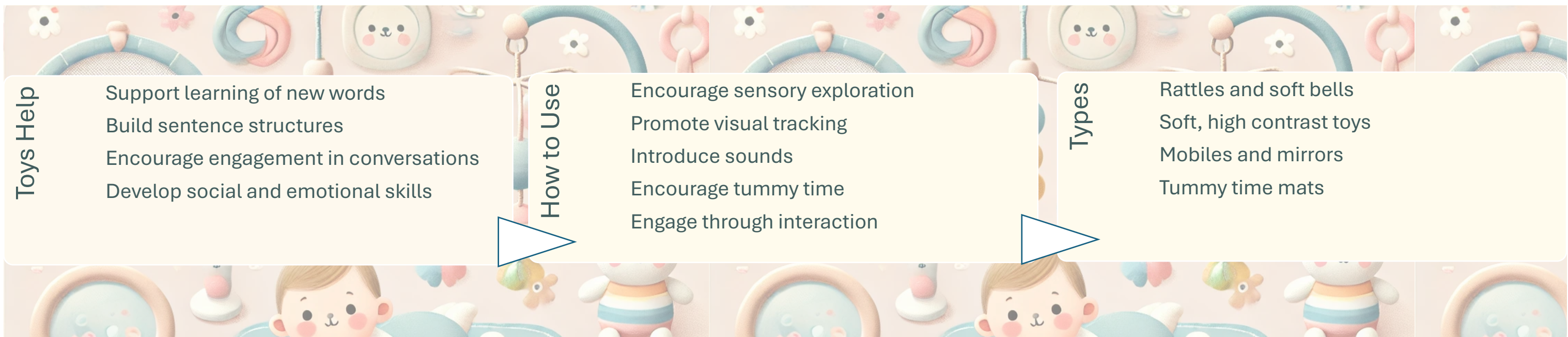
# 0-6 Months



<b>Books Help</b>	<ul style="list-style-type: none"><li>Strengthen ability to process and understand speech sounds</li><li>Promote thinking in complex ways</li><li>Encourage interactive communication</li><li>Support emotional bonding</li><li>Foster early literacy awareness</li></ul>	<b>How to Use</b>	<ul style="list-style-type: none"><li>Help open and close book</li><li>Point at pictures</li><li>Imitate your child's sounds</li><li>Label pictures + make fun sounds</li><li>Hold the book close to child's face</li><li>Keep sessions short but frequent</li></ul>	<b>Types</b>	<ul style="list-style-type: none"><li>Board and cloth books</li><li>High-contrast books</li><li>Books with familiar sounds</li><li>Sing-song text</li></ul>
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<b>Songs Help</b>	<ul style="list-style-type: none"><li>Increase understanding</li><li>Build vocabulary</li><li>Improve phonological awareness</li><li>Develop social interaction</li><li>Build the foundation for later literacy and communication skills</li></ul>	<b>How to Use</b>	<ul style="list-style-type: none"><li>Use gentle, soothing rhymes/songs</li><li>Maintain eye contact</li><li>Use slow, clear speech</li><li>Introduce gentle movements</li><li>Include facial expressions</li><li>Use repetition</li></ul>	<b>Types</b>	<ul style="list-style-type: none"><li>Hush Little Baby</li><li>Peek-a-Boo</li><li>Round and Round the Garden</li><li>Rock-a-Bye Baby</li></ul>
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<b>Toys Help</b>	<ul style="list-style-type: none"><li>Support learning of new words</li><li>Build sentence structures</li><li>Encourage engagement in conversations</li><li>Develop social and emotional skills</li></ul>	<b>How to Use</b>	<ul style="list-style-type: none"><li>Encourage sensory exploration</li><li>Promote visual tracking</li><li>Introduce sounds</li><li>Encourage tummy time</li><li>Engage through interaction</li></ul>	<b>Types</b>	<ul style="list-style-type: none"><li>Rattles and soft bells</li><li>Soft, high contrast toys</li><li>Mobiles and mirrors</li><li>Tummy time mats</li></ul>
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